

Allergen Information Data Sheet

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Garlic	Lupin	Molluscs
Soup of the day	X BREAD								x				x		
Potted Shrimp	X TOAST	x		x			x BUTTER						x		
Whitebait			x MAYO	x						x MAYO		x MAYO			
Chicken liver Pate	X TOAST		x				x BUTTER						x		
Chips	x MIXED OIL														
Cauliflower Croquettes	x		x				x			x					
Root Vegetable Cottage Pie							x		x				x		
Garlic bread	x						x BUTTER						x		
Sausages	x								x GRAVY			x	x		
Rump Steak			x				x BUTTER								
Bernaise Sauce			x				x BUTTER					x	x		
Beef & Ale Pie	x						x		x						
Gravy									x				x		
Ham, Egg Chips			x				x BUTTER WHEN COOKE D								
Burger	x BUN									x		x	x		
Macaroni Cheese	x						x CHEESE			x		x MUSTA RD			

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Fish & Chips	x		x TARTAR	x						x TARTAR		x TARTAR			
Mayo, tartar etc			x							x		x Tartar			
Sandwich Board	x			x SW FILLING			x SW FILLING		x SOUP	x SW FILLING		x SW FILLING			
Ploughmans	x BREAD		x				x CHEESE					x PICKLED ONIONS			
Isle of Wight Cheeses	x CRACKERS						x								
Hock Salad			x						x	x			x		
Mustard Dressing			x							x		x			
Feta Salad							x				x	x	x		
Sweet Chilli Dressing		x		x		x						x	x		
Smoked Mackerel Salad			x	x			x					x			
Hummus Sandwich	x						x BUTTER CHEESE				x		x		
Real Ale Chutney	x								x	x		x	x		
Ham Knuckle Sandwich	x						x BUTTER		x	x		x Gherkin	x		
Katsu Sandwich	x		x				x BUTTER			x			x		

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Beverages All information is correct at time Dec 2014 and based on information supplied provided by brand owners. More detailed information available upon request	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Garlic	Lupin	Molluscs
Cask, Keg, Bottled Ales & Bitters	X Barley & or Wheat			X Finings											
Draught & Bottled Ciders												X			
Guinness	X Barley											X			
Draught & Bottled Lagers	X Barley & or Wheat														
Coca Cola & Diet Cola															
Lemonade															
Blackcurrant Cordial															
Cranberry Juice															
Grapefruit Juice												X			
Lime Cordial												X			
Bitter Lemon															
Tonic Water															
Fentimans Ginger Beer															
Fruit Shoot MY-5															

